

MERCY HEALTH  
**SEAWAY RUN**  
10K

**Start Time: 7:50 am - 4th & Western (across from LC Walker Arena)**

**This event is chip timed; Please line up according to pace (look for signs)**

Start on Western at 4th  
Follow Western to 7th  
Right onto 7th to Shoreline Drive  
Right onto Shoreline Drive  
Follow Shoreline Drive to turnaround  
Follow Shoreline Drive to Terrace Street  
Right onto Terrace Street  
Follow Terrace around traffic circle to Veridian  
Right onto Veridian to Terrace Point Dr  
Right onto Terrace Point Dr  
Follow Terrace Point Dr around new development  
Turn right to stay on Terrace Point Dr to Shoreline Dr  
Right onto Shoreline Dr to lower Western  
Right onto Western to Division  
Right onto Division to Bike Path  
Follow Bike Path to Lakeshore Court  
(at Lakeshore Yacht Harbor marina)  
Left onto Lakeshore Court to Lakeshore Drive  
Left onto Lakeshore Drive to Michigan Ave  
Right onto Michigan Ave to Barclay St  
Right onto Barclay St to Ireland Ave  
Left onto Ireland Ave to Franklin St  
Left onto Franklin St to Western Ave  
Right onto Western Ave to Shoreline Dr  
Left onto Shoreline Dr to 7th St  
Right onto 7th St to Western Ave  
Left onto Western Ave to finish

