

MERCY HEALTH  
**SEAWAY RUN**  
 10K

**Start Time: 7:50 am - 4th & Western (across from LC Walker Arena)**

**This event is chip timed; Please line up according to pace (look for signs)**

- Start on Western at 4th
- Follow Western to 7th
- Right onto 7th to Shoreline Drive
- Right onto Shoreline Drive
- Follow Shoreline Drive to turnaround
- Follow Shoreline Drive to Terrace Street
- Right onto Terrace Street
- Follow Terrace around traffic circle to Veridian
- Right onto Veridian to Terrace Point Dr
- Right onto Terrace Point Dr
- Follow Terrace Point Dr around new development
- Turn right to stay on Terrace Point Dr to Shoreline Dr
- Right onto Shoreline Dr to lower Western
- Right onto Western to Division
- Right onto Division to Bike Path
- Follow Bike Path to Lakeshore Court  
 (at Lakeshore Yacht Harbor marina)
- Left onto Lakeshore Court to Lakeshore Drive
- Left onto Lakeshore Drive to Michigan Ave
- Right onto Michigan Ave to Barclay St
- Right onto Barclay St to Larch Ave
- Left onto Larch Ave to Franklin St
- Left onto Franklin St to Western Ave
- Right onto Western Ave to Shoreline Dr
- Left onto Shoreline Dr to 7th St
- Right onto 7th St to Western Ave
- Left onto Western Ave to finish

