

SEAWAY RUN 5K

5K Run and 5K Community Walk

Start at 4th & Western (across from LC Walker Arena)

5K Start Time: 8:05 am This event is chip timed.

Please line up according to pace (look for signs)

Community Walk Starts Immediately Following 5K.

This event is not timed.

Please do not line up in starting chute until 5K event has started.

Start on Western at 4th
Follow Western to 7th
Right onto 7th to Shoreline Drive
Right onto Shoreline Drive
Follow Shoreline Drive to turnaround
Follow Shoreline Drive to Terrace Street
Right onto Terrace Street
Follow Terrace around traffic circle to Veridian
Right onto Veridian to Terrace Point Dr
Right onto Terrace Point Dr
Follow Terrace Point Dr around new development
Turn right to stay on Terrace Point Dr to Shoreline Dr
Right onto Shoreline Dr to 7th St
Left onto 7th St to Western Ave
Left onto Western Avenue to finish

