

MERCY HEALTH
SEAWAY RUN
 HALF MARATHON

Start Time: 7:00 am - 4th & Western (near LC Walker Arena)

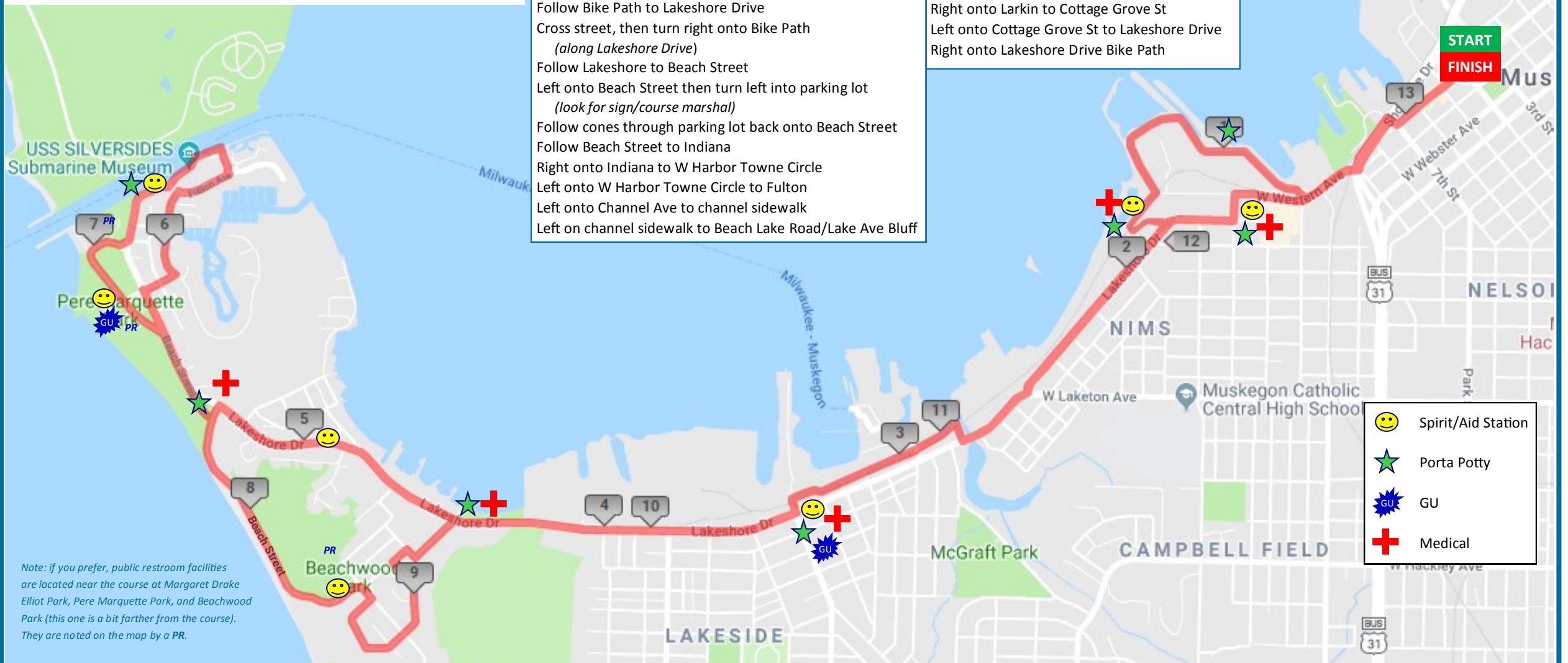
This event is chip timed.

Please line up according to pace (look for signs)

Start on Western at 4th
 Follow Western to 7th
 Right onto 7th to Shoreline Drive
 Left onto Shoreline Drive to lower Western
 Right onto Western to Division
 Right onto Division to Bike Path
 Follow Bike Path to Lakeshore Court
(at Lakeshore Yacht Harbor marina)
 Follow Lakeshore Court to Lakeshore Drive
 Turn right onto Lakeshore Drive
 Follow Lakeshore to Ruddiman Creek Bridge
 Just across bridge, turn right to get back on to Bike Path
(look for sign/course marshal)
 Follow Bike Path to Lakeshore Drive
 Cross street, then turn right onto Bike Path
(along Lakeshore Drive)
 Follow Lakeshore to Beach Street
 Left onto Beach Street then turn left into parking lot
(look for sign/course marshal)
 Follow cones through parking lot back onto Beach Street
 Follow Beach Street to Indiana
 Right onto Indiana to W Harbor Towne Circle
 Left onto W Harbor Towne Circle to Fulton
 Left onto Channel Ave to channel sidewalk
 Left on channel sidewalk to Beach Lake Road/Lake Ave Bluff

Follow Lake Bluff to Wilson
 Right on Wilson to Beach Street
 Right on Beach Street
 Follow Beach Street along Lake Michigan, past
 Pere Marquette park
 Turn right to stay on Beach
(look for sign/course marshal)
 Follow cones through parking lot
 Right onto Beach Street
 Right onto Boltwood Drive
 Boltwood Drive becomes Country Club Drive
 Follow Country Club Drive to Resort
 Right onto Resort Ave to Larkin
 Right onto Larkin to Cottage Grove St
 Left onto Cottage Grove St to Lakeshore Drive
 Right onto Lakeshore Drive Bike Path

Cross at McCracken to stay on Bike Path
 Turn right just before Ruddiman Creek
(look for sign/course marshal)
 Turn left onto Lakeshore Drive
 Follow Lakeshore Drive, turn left to stay on
 Lakeshore Dr *(look for sign/course marshal)*
 Lakeshore Drive to Michigan Ave
 Right on Michigan Ave to Franklin
 Left onto Franklin to Western Ave
 Right onto Western Ave to Shoreline
 Left onto Shoreline to 7th
 Right onto 7th to Western Ave



Note: if you prefer, public restroom facilities are located near the course at Margaret Drake Elliot Park, Pere Marquette Park, and Beachwood Park (this one is a bit farther from the course). They are noted on the map by a PR.